Mediterranean Diet (MedDiet) to combat ageing in European Countries

The EU-Funded Project NU-AGE Final Conference
5 April 2016 in Brussels from 9 am to 6 pm

www.nu-age.eu
It is estimated that until 2030, 25 to 40% of the European population will be over 65 years old. This high percentage of elderly compels policy makers and scientists to develop strategies to cope with this shift in the demography of the European society and its consequences. NU-AGE aims to improve health and quality of life of the ageing population by counteracting inflammaging using a whole diet approach.

The NU-AGE Final Conference offers an opportunity to better understand the nutritional needs for an improved quality of life in the over 65 years-EU population. In particular, the conference will give information on the main cellular and molecular pathways that can modulate the body response to nutrition and present new functional food prototypes and elderly-tailored foods, developed within NU-AGE, that will increase the competitiveness of the EU food industry.

Results of the project will be presented on 5 April 2016 at the Royal Flemish Academy of Belgium for Science and the Arts (KVAB) “Auditorium Albert II” (Hertogsstraat 1, Brussels).

No registration fee!
Spaces are limited - register now to guarantee a free space, here.

Coffee breaks and light buffet will be offered.

Who should attend
Scientists, food technologists, industry and SMEs who are interested in the latest scientific results from the NU-AGE project.

We are looking forward to seeing you!

Claudio Franceschi and the NU-AGE Team